

## Students Set Student Fees 1966-67

Board of Regents of Northwest Missouri State College in session here Saturday voted two fee increases for students who will be attending during the 1966-67 academic year.

Resident student fee, per semester, beginning September 1966, will be increased from \$90 to \$100. Room and board for any student living on campus will be increased from \$325 per semester.

Other business the Regents approved the following new personnel: Mrs. Hazel Gates, secretary; Miss Jo Ann Horner, Horner Mann staff, 1966; Oscar Kirsch, assistant to dean of admission, beginning Jan. 28; Dr. Lawrence Zillner, professor, beginning Jan. 28; Dr. Dale Rosenberg, history department.

## Division of Music Present Students Two Recitals

The first of two general recitals by students enrolled in the Division of Music will be held the evening of Jan. 10.

Deanna Hanna, mezzo-soprano, will sing "I'm No No" and "Du bist wie eine Blume."

Instrumentalists who will appear include Brenda Walker, piano; Deanna Hanna, piano; Robert's and Mickey French, French hornists; Harold Moore, Doug Jackson, and Doug Meadows, trumpeters; and Smith, percussionist; Harover and Avis Lar-

## Interpretation Cast To Enact 'Rivals' In Little Theater

The oral interpretation class will present Richard Brinsley Sheridan's "Rivals" at 8 p. m., Jan. 12-14, in the Little Theater in the Administration Building.

Dr. Ralph Fulsom, chairman of the speech and drama department, is directing the play. "The Rivals," a comedy of manners to be presented in 18th century presentational style, was first performed in 1775. According to Dr. Fulsom, the department presents an outstanding play of this period each year.

"The Rivals" involves the never ending chase of man after woman, and woman after man. Students acting in the play include Billie Nickell, Mrs. Malaprop; Cheryl Reincke, Lydia Languish; Marjorie Hitchcock, Julia; Linda Britton, Lucy.

Male roles are played by Mike Overbey, Sir Anthony Absolute; Vance Coleman, Captain Jack Absolute; Tom Laville, Faulkland; Phil Reser, Bob Acres; Scott Hodgins, Sir Lucius O'Trigger; Harold Webb, Fag; Herb White, David; and John Robertson, Thomas.

son, clarinetists and Kenneth Greiner, saxophonist.

Accompanists will be Dick Harover, Marjorie Mathewson, Barbara Lauer, Colleen Kish, Sheryl Meadows, Jan Rutherford, Mary Buchanan, Marcia Russell, Jerry Cooper, and Ann Schooler.

## Readers Theater Cast to Give Ibsen's 'Ghosts' in January

"Ghosts," a 19th century play written by Henrik Ibsen, will be presented in the Charles Johnson Theater of the Olive

# Northwest State Gets Approval For Recent History Institute

What promises to be a new and exciting adventure in education has become a reality for the MSC campus next summer.

The U. S. Office of Education recently awarded Northwest Missouri State College a seven-weeks Institute in Recent U. S. History to be conducted under the direction of Dr. John L. Harr, June 20-Aug. 5. The announcement included this college among 85 colleges and universities which were awarded 113 institutes of various types in history, selected from several hundred proposals submitted in October.

MSC is also one of 536 institutes awarded under Title XI of the amended National Defense Education Act which extended institute provisions for advanced study in history, geography, reading, and English and to teachers of disadvantaged youth, educational media, and library personnel. The act has been further extended for next year to provide institutes in political science, economics, and industrial arts.

The proposal, a 37-page document, submitted by MSC was prepared by Dr. Harr, who attended a meeting in Colorado Springs in September to find out about the program, with the suggestions of many of the history staff members and friends on other college and university campuses. Dr. Harr has just returned from a three-day "briefing" session in Washington, D. C., held to inform all institute directors of their duties, responsibilities, and problems in conducting such institutes.

The full time staff will include Dr. Harr, James Hurst, assistant director, assistant professor in American history; Harmon Mothershead, instructor in American history and a staff member of a similar institute at Kansas State University last summer; Dr. B. G.

Angman, professor of political science; Dr. Charles Lemley, assistant professor of education; James A. Burkhart, professor of history and political science, Stephens College; and Dr. John S. Taylor, chairman of Department of Social Science at Ferris State College, Mich., and formerly professor of sociology at MSC.

Guest lecturers will include Clarence Henderson and Dr. Paul Henlein, History Department, MSC, Dr. John Becks, Agriculture Department; and Professors Roderick McGrew, Richard Kirkendall, and David Wurfel, University of Missouri.

The institutes provide the selected junior and senior high school teachers an opportunity to update their scholarship in the subject matter of the chosen field, as well as to learn

(Continued on page 7)

## Musicians Has Exciting Career As Band Arranger, Composer



A recent national television program had special interest for Director Earle Moss, whose interest in composing and arranging music complement his work as an instructor and conductor of the Progressive Jazz Group.

Mr. Moss had the privilege of hearing one of his compositions presented over the network as the finale in a chain of activity. In 1963, he was commissioned to write for the Clarinda, Ia., High School band a number to be played with a section of girls playing Swiss hand bells.

The piece, "Marching Belles," is the only number written for marching band with featured hand bells. It was the Clarinda musicians who played the composition on the broadcast of a half-time performance at a football game.

Mr. Moss's biggest thrill, however, came in 1955 from his composition of "Golden Anniversary March" for the Golden Anniversary of MSC. As a part of the celebration, the United States Naval Band played a special concert, which included the march. As guest conductor, Mr. Moss directed the Navy musicians when they played his composition in its first public presentation.

The MSC director's interest in music began when at the age of 12 he started arranging music and studying harmony. He acquired much of his musical background by observing his father, who was chief ar-

ranger at the Radio City Music Hall for many famous

As a high school student, he arranged music for the band, chorus, and orchestra, and he also had his own dance band. During his college years, Mr. Moss played trumpet with the

(Continued on Page 7)

## Dean C. E. Koerble Announces Schedule For Car Registration

Students who wish to pre-register their cars and apply for parking spaces will be given the opportunity to do so during the month of January, according to Dean Charles E. Koerble.

Beginning Jan. 3 all seniors and juniors may pre-register their cars and apply for parking spaces through 12 noon Jan. 8. Jan. 10 through noon, Jan. 15, all sophomores may pre-register their cars, and Jan. 17, through noon, Jan. 22, all freshmen as well as students who have not pre-registered or applied for parking spaces will be able to do so.

"All cars must be re-registered," Dean Koerble emphasized. The stickers for this semester must be removed and new stickers are to replace them. It is a violation to keep old parking stickers on the windshield in view of loss of vision to the driver. Failure to re-register or register automobiles will result in a \$10 fine.



CASTING FOR "GHOSTS," a play to be performed as a readers theater Jan. 9, are Jerry Eisenhower, Cheryl Wirt, Harold Webb, Rachel Templeman, and Scott Hodgins.

# MERRY CHRISTMAS

## Forensic Trophies Awarded to Ames, Emporia Teams

Debate teams from Kansas State Teachers College, Emporia, Kas., and Iowa State University, Ames, won trophies at the forensic tournament here last weekend.

A total of 120 students and coaches from 17 Midwest colleges and universities registered at the Nodaway Valley Speech Tournament. Participants were entered in novice and varsity debate, extemporaneous speaking, and oral interpretation. The Emporia team was a defending finalist for its college.

Awards were presented Saturday noon, following a short talk by Dr. Charles E. Koerble, MSC dean of students. Novice debaters, Berns and Miles, ISU, and varsity debaters, Schuil and Smith, KS, remained undefeated in five rounds of debate. Certificates were presented for excellent and superior ratings in individual events.

MSC interpreters winning certificates were Marjorie Hit-

## Many Guests Attend AKL Open House

One hundred and fifty guests attended open house at the new home of Alpha Zeta Chapter of Alpha Kappa Lambda Sunday afternoon.

Among the 150 guest instructors, administrators, and friends were Dr. and Mrs. Robert P. Foster, Dean Karen Licklider, Dean Jack Lasley, and representatives from all campus sororities and three fraternities.

Guests were received by Mrs. Clara Peterson, house mother; Ron Murawski, fraternity president, and Ed Stelley, treasurer. They were escorted through the new colonial style home by members of the pledge class.

Refreshments were served in the dining room by Michelle Orcutt, Judy Owens, Trudy McCarthy, and Elaine Lyle. Sherry Evans presided at the guest register.

chcock, superior, and Linda Lundquist, excellent. Karen Wilson, Joell Twaddle, Charlene Buck, Linda Dow, Cheryl Wirt, Dowell Kearney, and Scott Hodgkin received good ratings.

## SCIENCE Activities

The local chapter of Tri-Beta has been approved by the Beta Beta Beta Biological Society and designated as the Iota Chapter.

The new members of the Western District of the North Central Region will be installed in February by Dr. John Johnson Jr. from Kansas State College, Pittsburg.

Dr. Kenneth W. Minter and Eugene E. Schroeder, professors of biology, will attend the national meeting of the American Association for Advancement of Science at the University of California, Dec. 26-31.

Dr. Sam Carpenter talked to the Kansas City West Port High School chemistry students earlier this month about "Preparing for a Career in Chemistry."

Biology majors and minors planning to enter problems in biology next semester are urged to discuss their projects with the instructors.

## Dr. Rabjohn Explains Studies In University Graduate Plan



Dr. Norman Rabjohn, guest speaker at the December meeting of the Junior Affiliates of the American Chemical Society, emphasized the need for proper academic background and motivation for the successful completion of graduate study.

The University of Missouri professor said that many assistantships and fellowships are available for students in scientific fields. He pointed out the importance of matching the student's ability to his choice of graduate school.

Dr. Rabjohn, center, is shown above with Dr. Leon Y. Dr. J. D. Strong, Dr. Sam Carpenter, and Jay Rash, president of the Affiliates.



**BRAINSTORMING** for new projects are the new PEM Club officers, Joyce McQuerrey, reporter; Melinda Bauman, first vice-president; Kathy Seifert, president; Delores Carr, second vice-president; Christie Beal, treasurer; Lynn Wion, secretary.

## Kathy Seifert Installed PEM Club Head

Kathy Seifert, president, headed the new officers installed at the PEM Club Christmas party last week in Martindale Gymnasium.

Other girls inducted into office are Melinda G. Bauman, first vice-president; Delores Carr, second vice-president; Lynn Wion, secretary; Christie Beal, treasurer, and Joyce McQuerrey, reporter. Mrs. Dorothy Walker is the club sponsor.

Physical education majors decorated the Christmas tree. Miss Bonnie Magill, chairman of the Women's Physical Edu-

cation Department, served refreshments.

## Students Wives Fete Families, Aid Orphans

Student Wives at Northwest State have provided Christmas cheer for their own families and for a group of Korean children in desperate need.

The Wives held a Christmas party for their husbands and children last Sunday in the Rose Room of the Union. After cartoons were shown, Santa Claus (Everett Brown) presented the gifts to the children.

Refreshments were served to the 35 persons who attended. A bake sale followed in the boys' residence halls. Mrs. Lana Corbett was in charge of the arrangements; Mrs. Jacquie

ningson, refreshments. Mrs. Kathy Sayre, decorations. The Student Wives gave a check for \$50 to the Boys Town, Pesau, Korea, home for orphans and children without homes.

## Attend State Session

All men students commuting or living off-campus who wish to live in Men's Residence Halls next semester should notify the Housing Office immediately to add their names to the waiting list.

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## Second Level Students Study Weather



WEATHERING FORECASTS add interest to the learning activities of the second level at Grace Mann Laboratory school. Shown with their student teacher and weather equipment

are, front row: Cheryl Froelich, Steve Gard, Tony Schmitt, and Jan Voggesser; back row: Bobby Smith, Miss Betty McCloney, student teacher; Dean Treese, and Denise Thate.

Pupils in the second level at Grace Mann Laboratory school are taking a vital interest in weather as they report, record, and discuss the ever popular topic during their unit study.

In addition to constructing a radio-television set, over which they have given daily

weather reports, the pupils have centered their interest on the four seasons, a table display of books on the weather, and weather calendars. Each pupil has kept a record of daily weather conditions.

At the conclusion of the unit, each young weather man will have his own booklet on weather

to take home. It will consist of worksheets and pictures he has drawn.

The pupils are also enjoying their work in creative dramatics three times a week. They work under the direction of two of Dr. Ralph Fulsom's students, Miss Eddielea Roe and Miss Doris Wilson.

Miss Sally Teitz, Miss Nancy Rotts, Miss Sherrill Felt, Miss Peggy Link, and Miss Betty McCloney are teaching the second level pupils under the direction of Mrs. Ruth Larmer.

### Connie Norris Is Phi Mu President

The Zeta Lambda chapter of Phi Mu Fraternity has elected officers for the coming year.

These officers are Connie Norris, president; Linda Gibler, vice president; Patti Tarwater, recording secretary; Tyra Dale, corresponding secretary; Rosanne Bartlett, treasurer; Vivi Walkup, membership chairman and standards chairman; Linda Prior, pledge trainer; Terry Stitt, scholarship chairman; Diane Kramer, Senior Panhellenic member; Barbara Harr, junior Panhellenic member, and Jean Meadows, fraternity education chairman.

The officers will be installed on Jan. 4.

... Ye Ole Stroller is counting the days until Christmas vacation and awaiting his beloved Christmas Day!

He feels, as do many others, that Christmas without snow is just not like Christmas at all. The only consolation about this snowless Yule season is the fact that now the shy freshman girls can still get over the bridge before the first snow fall. Sad thought: What if there should be no snow this year?

... AKL pledges recorded a first recently when they not only lifted cooking utensils, coffee pot, and silverware but also kidnapped the housemother.

Early risers who may have been at Seventh and Walnut at 6 a. m. one day recently may have seen something they didn't believe: Pledges and Mother Peterson going out for breakfast.

The pledges enjoyed the curiosity aroused in the actives when they discovered their housemother gone. Her only comment was: "Wouldn't you go out for breakfast if you were invited?"

... Residents of Roberta Hall are talking about a mysterious bathroom on the third floor.

This bathroom is jinxed. The hot water faucet runs cold water, and the cold faucet spews out hot. Sometimes it takes two girls to get the water turned off. At other times the shower will not come on, but when once started, it will not turn off. The heater goes on and off mysteriously, and the window seems to open and shut itself.

Although the girls assigned to the bathroom claim to have had nothing to do with the strange situation, the Stroller has decided that some residence hall girls must be overstudying.

... Mention should be made of a recent outstanding sports activity.

The Phi Mu-Terrors defeated a small faction of the Good Guys in an exciting football game. During one rough play, a Good Guy kicked the pigskin high into a near-by tree. Through the true aim of an MSC track letterman, the ball was knocked from the tree, but it was too late. The two-minute time allowance was up, and the Terrors were awarded by

forfeit their first and last win of the season.

... The Stroller was surprised last week to see a cat calmly taking in a class of shorthand.

Apparently it had joined the typing class the previous hour and had decided to stay on with Carol Duff. Weighted



down by knowledge, it went to sleep.

Only one hour later in the Old Den, the Stroller, as well as other observers, was shocked to see the same cat thrown into the air and kicked by some less friendly people.

## Chime Time

Mr. and Mrs. Earl Hargus, Fairfax, announce the engagement of their daughter, Marylan Yvonn, to Darryl Wayne Lowrey, son of Mr. and Mrs. Dallas Lowrey, Pattonsburg.

Miss Hargus and Mrs. Lowrey are juniors at MSC.

Mr. and Mrs. Raymond Mitchell, Fairfax, announce the engagement of their daughter, Carol Diane, to Marvin Earl Jackson, son of Mr. and Mrs. Marvin H. Jackson, Maryville.

Miss Mitchell is a freshman at MSC, and Mr. Jackson, an alumnus, is teaching mathematics at Woodrow Wilson Junior High School, Council Bluffs, Ia.

The wedding will be Aug. 14.

Mr. and Mrs. James Q. Hughes, Springfield, Ill., announce the engagement of their daughter, Quinna, to Rodney Phillips, son of Mr. and Mrs. Jeston Phillips, Chillicothe.

Miss Hughes is employed by the Franklin Life Insurance Company of Springfield, and Mr. Phillips is a sophomore at MSC.

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"SPIRIT OF CHRISTMAS" Judy Salfrank, center front, finds the Yuletide season a rewarding one, as do her "Bearers of the Green," Carol Workman, Mary Lou Hilger,

Joyce Huffman, Jane Couch, and Celia Thompson. These six senior girls, chosen by popular vote of the campus women, were presented Sunday at the "Hanging of the Greens."

## Yuletide Cheer



SHARING JOY, Larry Rawlins and Rose Adams pleased the audience at their pre-mas vacation recital, the first of a series sored by the Department of Music.



PROMISE of bounteous eating at the "Hanging of the Greens" evokes pleasure among spectators including Dr. Robert P. Foster, and dancer, Gayno Whetstone.



NEW VERSION of the Christmas story was told at the Wednesday afternoon by Dowell Kearney, Bill Frances Erganian, Richard Heinz, Vince Vaccaro, and Terry Lutz, by the Tower Choir. The two groups will repeat their mes "Christ in the Concrete City" on a KFEQ-TV program.



TIME FOR RECOGNITION came when Judith Miller was chosen by Delta Zeta members as an ideal sorority girl and honored at the recent Snow Ball.



SWEETS AND CREATIVITY were an approved combination with the pupils in Mrs. Erwin Knittl's fourth level room last week. Shown with their candy houses and two of their student teachers are Mrs. Joan Oehlerle, Debbie Dougan, Roger Baker, Roger Hilsabeck, Regina Robertson, Lori Watkins, Dana Whitney, and Mrs. Betty Wilson. (Story on page 8.)

# Permeates Campus Air

"To everything there is a season . . ."  
—Ecclesiastes 3:1

In the pre-Christmas season at Northwest State, There have been times for sharing and times for receiving;

Hours of creating and hours for enjoying;  
Moments for laughing and moments for meditation.

There have been hours dedicated to interpreting recipes and minutes of palatable eating;

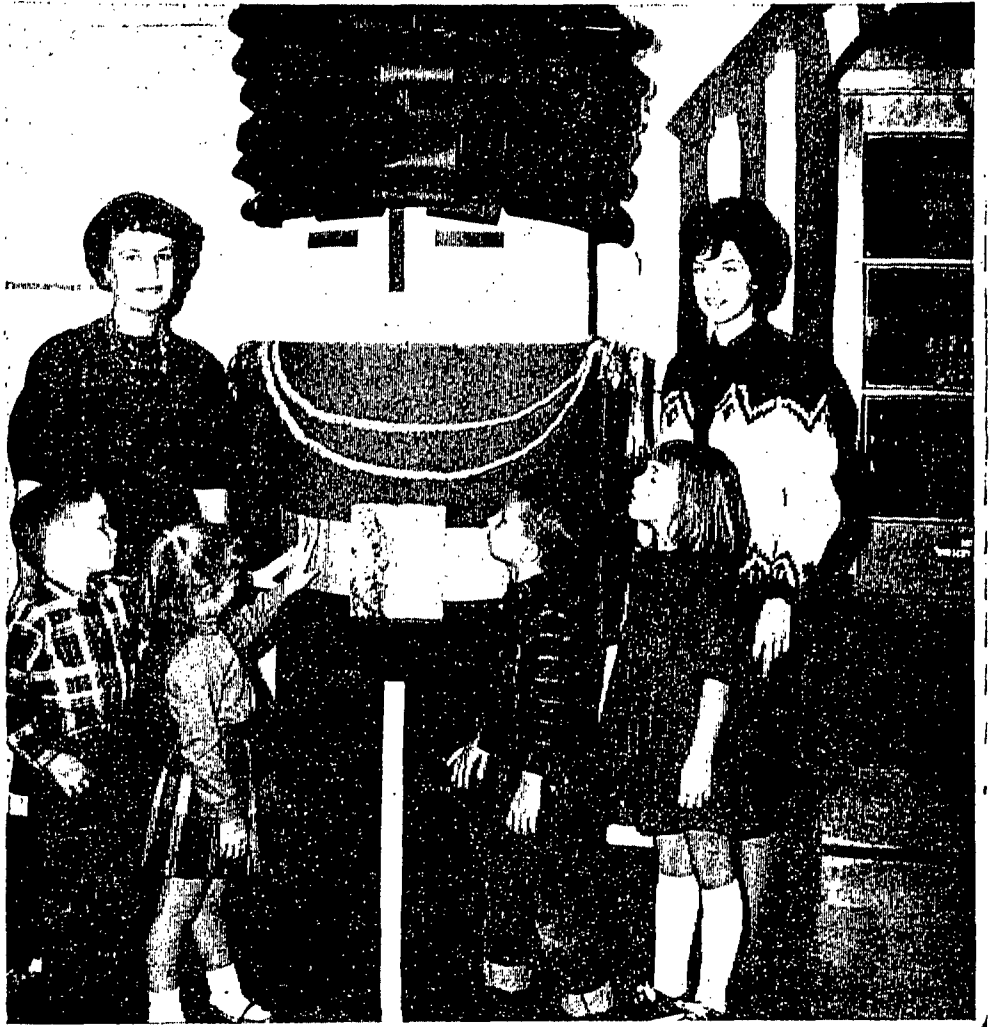
Times of reunion and times for communion;

Hours of anticipation and seconds of realization;

Notes of warning and messages of cheering,  
There have been cards of greeting and words of good tiding;

Times for caroling and times for listening.  
But whether the time has been spent laughing, singing, rejoicing, meditating, revering, dancing or eating,

Students surely will carry homeward many happy memories of Christmas, 1965, at Northwest State.



**TIME FOR TOYS** meant a time of joy for the primary children at Horace Mann Laboratory School. Shown with a tall door guard outside their room are Miss Kathryn McKee, primary supervisor, Gregg Snell, Linda Moyer, Craig Batten, DeAnn Enders, and Miss Mary Ann Waldron, student teacher. Miss Waldron and Miss Sandy Davis created the popular soldier.



**IT'S DATE TIME** as Tom Pereira greets Jan Gillen in Roberta Hall Lounge before the Christmas formal.



**IN FUN-LOVING SPIRIT**, Santa's helpers, Mary Potter and Judy Palumbo, sneak surprise gifts into Sherill Felt and Margery Baker's spacious mail box at 103 Roberta Hall.



**A TIME FOR REVERENCE** is depicted by Charloette Kenny, Kathy Smith, and Mary Knepper as they help enact the Nativity for the "Hanging of the Greens."



**CHRISTMAS WEEKEND FOR ORPHANS**—Bobbie and Jackie Gardner from the Home for Orphans, St. Joseph, spent Saturday and Sunday as guests of the Delta Sigma Phi fraternity. Shown, left to right, are Bob Walker, with Jackie on his knee, Peter Rhoda and Terry Johnson with Bobbie sitting on his knee.  
—Heywood Photo

## Supremacy Trophy Awarded at Game



**PROUD PRESIDENTS** Ann Shamberger, Sigma, Sigma, Sigma, and Ron Murawski, Alpha Kappa Lambda, display the Supremacy trophies their groups won in Homecoming activities.



Announcement of the winners of the supremacy trophy was made Dec. 1 at the Pittsburg-MSC basketball game.

In the men's division, the Alpha Kappa Lambda fraternity won with a total accumulation of 25.5 points. Other groups and their placings are, second, Sigma Tau Gamma, 20.5; third, Tau Kappa Epsilon, 16; fourth, Wesley Foundation, 12.5; fifth, Delta Sigma Phi, 12; and sixth, Phi Sigma Epsilon, 11.5.

In the women's division, Sigma Sigma Sigma was first with an accumulation of 28 points. Other rankings were, second, Delta Zeta, 26; third, Phi Mu, 23.5; fourth, Alpha Sigma Alpha, 19, and fifth, Gamma

Sigma Sigma, 4.5.

Entrants were judged on the basis of their entry in five divisions: variety show, parade, house decorations, alumni functions, and all-around participation.

Dr. John Harr made the announcement of the winners.

## Personnel Studies Advanced Library

Dr. R. P. Foster, Miss Carolyn Peterson, Miss Barbara Palling, James Gleason, and James Johnson returned to Maryville Friday after a visit to the Casis School in Austin.

The Casis School is sponsored jointly by Austin Public schools and the University of Houston. Along with two other schools, it was selected by the Knapp Foundation to be set up as model school library.

At this school, limited library instruction begins in the first grade when small groups meet in the library. In the second grade the children learn how to care for, borrow, and return books. By the sixth grade the students have had some detailed study in the use of the card catalogs.

## Air Force Enlistment Now Open to Married Men

According to Sgt. Jimmie Cantrell, local Air Force recruiter, married men with no children may now enlist in the Air Force.

Sergeant Cantrell can be reached at his office in the Chamber of Commerce office each Monday and Thursday.



**DOLPHIN PRESIDENT** Virginia Bright gives sophomore club member Sonda Simons some pointers on her ballet leg, one of the most important of all synchronized swimming stunts.

## Sigma Phi Dolphins Organize For New Swimming Season

The Sigma Phi Dolphin Swim Club has begun a new year of developing synchronized swimming skills.

This club, which is open to all persons with an interest and ability in synchronized swimming, was started during the early years of MSC. Little information was recorded on the club until the 1950's. During WW II, the club was discontinued. Miss Bonnie Magill became Dolphin sponsor in 1952; she continued in this position until 1962 when Miss Miriam Sheldon accepted the sponsorship.

Synchronized swimming involves many different activities, including stroke perfection, stunt perfection, and development of an ear for music, all necessary for swimming of this type. Each Thursday the members practice to-

gether to develop their ability to work as a unit rather than as individuals.

In the spring, the traditional swim show will be presented in two performances. Developed as many swim routines that center around a central theme, this show is popular with MSC students, as a capacity crowd is in attendance at each show.

Tryouts for Dolphins were given in a different manner this year. Girls were invited to practice sessions for four weeks. At these sessions a member would teach each girl five simple stunts. Then each girl would perform these stunts for the officers who judged her on her ability, improvement, and efficiency.

Many of the girls in Sigma Phi Dolphins have had years of experience in synchronized swimming. One member, sophomore Sonda Simons, was chosen Iowa State junior synchronized swimming soloist in 1965.

Other members have participated in synchronized programs at their hometown pools or in the course offered at MSC.

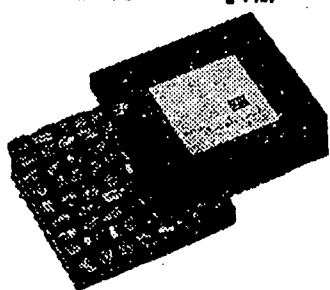
Dolphin officers include Virginia Bright, president; Reanne Johnston, vice president; Kerry Henry, secretary-treasurer; Sonda Simons, historian, and Barb Nelson, publicity chairman. Other members are Melinda Bauman, Kathy Boudewyns, Gayle Bradfield, Patty Chappell, Sue Crain, Lynn Foster, Elaine Murray, Nancy Neuzil, Lorna Pierpoint, Cheryl Stone, Vivi Walkup, and Karen Wilson.



**NATIONAL AWARDS** have come in triple measure for the Phi Sigma Epsilon fraternity. Shown with their outstanding alumni correspondence plaque, national efficiency trophy, and national Phi Sigma Sweetheart citation are Benny Cain, Don Berry, Dale Dawson, and Dennis Sapp.

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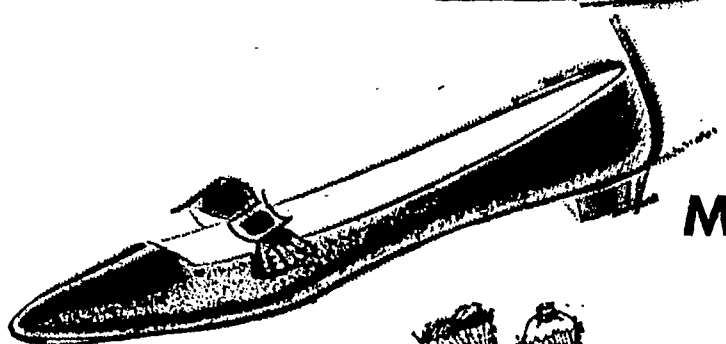
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## REPORT FROM WASHINGTON

## Dr. Lowe Summarizes Conference To Improve International Relations

Highlights at the White House Conference on International Cooperation, attended by Dr. James Lowe, member of the MSC faculty, included a keynote address given by Vice-President Hubert Humphrey.

Ambassador to the United Nations, Arthur Goldberg, was a luncheon speaker. Dean Rusk, Secretary of State, and McGeorge Bundy, special assistant to the President, also gave primary addresses.

"It was interesting and stimulating to meet people from all over the United States," stated Doctor Lowe. "The group of about 1,000 people attending the conference consisted of corporation presidents, college

Doctor Lowe attended a White House reception at which Vice-President Humphrey was also present. The MSC faculty member found interesting the furniture and pictures in the five rooms where the reception was held.

Twenty-nine panel discussions were held during the three-day conference. Each of these ended with the making of certain recommendations. The recommendations for international cooperation were varied. Some of them may be followed by legislative actions and some by work of citizens, Mr. Lowe reported.

One recommendation, of interest to college students, was "Bring more foreign students and teachers to America and encourage more emphasis upon learning other languages."

Other recommendations included a greater exchange of students, more international travel, along with fewer restrictions for it, and more exchange of cultural ideas and materials.

Mrs. Lowe accompanied her husband to Washington, and they were able to visit Mount Vernon and Arlington National Cemetery on Sunday before the conference began.

provides for a stipend to the participants and allotments for their dependents, in addition to paying for staff, materials, and trips.

The end result, it is hoped, will be a revolution in American history instruction when the participants return to their respective schools and depart from the deadly text book approach, as well as a profitable experience for college staff who will rub elbows with secondary teachers on a basis of equality, share experiences, and learn about their respective problems.

## History Institute

(Continued from page 1)  
about new methods, approaches, materials, interpretations, and media which should be used in their schools. The MSC Institute staff will select 40 teachers from the Midwest area, largely from the smaller towns and school systems of adjacent states, but with some participants chosen from metropolitan systems.

It will attempt to expose them to a concentrated and an interdisciplinary approach with history as the core, in examining three selected topics or problems: (1) American Involvement in 20th Century World Affairs; (2) The Urban-Industrial Impact on Modern America; (3) Appraising 20th Century Presidents and their Administrations.

presidents, and other people active in many organizations.

The entire institute will constitute a program, rather than a succession of unrelated courses.

The project is financed by the Federal government and

# Take a Look at Yourself

Who am I?

Do I merely exist in the form of the mind? Do I think, do I perceive, do I imagine that I have a body, that I go to school, that I drive a car? Am I just one mind among other minds that God has lined up somewhere? Or am I just a thought in God's mind?

I am overweight or out of shape—I think. Then, by thinking that I am losing weight, building myself up, and toning the muscles, can I improve my body? As hard and as long as I might think, I must conclude that such an approach to improving my appearance would not work.

Who am I?

Am I a soul, a being? Do I really have a body, a temple that houses my soul? Is that the only body that I will ever have, that I should take care of? I'm not sure, but I think the answer is yes.

The answer to the question of "Who am I?" is one that puzzles men today as it did those of yesterday, men like the ancient Greeks, who believed in "a sound mind in a sound body." While we attend college, we should take note of this maxim.

Body weight and distribution of it is important when one is seeking to live the promised 70 years. A sound body is important when opposing the Russians in the Olympics, when hearing the Russians say we are a "soft and pudgy nation."

Northwest Missouri State College offers many physical education classes, as well as intramural and interscholastic competition. Some students, such as those participating in the reducing class in the girls' dormitories and those working out on their own, are attempting to improve their health while they are young and strong.

At the same time, however, scholastic activity and social life may counter the diet and activity approach to better health. We cannot afford to sacrifice any one of the three elements, but we can allocate our Gods given resources properly. Each must decide for himself but first he would do well to read these hints about decreasing body weight:

The only really effective exercise is to shake the head slowly from side to side when offered a second helping. Even this exercise, however, is not guaranteed to remove excess weight in the right places.

To use one pound of stored fat, the average individual would have to walk to the top of the Washington Monument 48 times, walk briskly on level ground for 19½ hours, ride horseback at a walk for 44 hours or at a trot for 14 hours, run at top speed for 43 hours, or use an electric vibrator for 94 hours.

A combination of proper diet and exercise is more effective than diet alone, if the exercises are chosen to aid the digestive process and improve the tone of the muscles as well as to increase energy output. (Taken from Body Dynamics by Eleanor Metheny.)

Weight reduction is not a matter of ten days, two weeks, a month, or even a year. (Health for the College Student by William and Kitzmyer).

Eating no breakfast is indeed a foolish practice. The student who rushes to class without an adequate breakfast is not in condition to do his most efficient work. He is subject to mid-morning slump. (Personal and Community Health by Turner.)

Weigh the facts, the possibilities, the probabilities. Then decide "in how good shape am I?" And do something about it if the shape is unattractive.

## Musician Has

(Continued from Page 1)  
famous drummer Gene Kruppa and had an opportunity to go on the road with him, but turned down the offer to complete his college education. During World War II, he played with the Artie Shaw Orchestra and Bob Crosby's Orchestra.

Mr. Moss has actually earned little money as a composer because he has never had the chance to perfect his work. None of his compositions have been published, but he does lend his manuscripts of music to be copied. Receiving several requests for compositions each year, he writes mostly for high school bands in a light style.

One of his pieces, "South American Suite," was chosen to be presented at the College Band Directors' National Convention in 1948. He has arranged numbers for the Jazz Group, which he directs, and for the Undergrads, a group of singers. He also does some composing for the groups. Among the latter numbers are "Mucho Bossa," "Blue Mood," and "Stereophonic."

In commenting on his future plans, which include completing his doctorate at the State University of Iowa, Mr. Moss said he hopes to do additional composing and revisions on his past compositions.

## Notable Quotes

The Missourian staff: Merry Christmas to all and a happy new year!

A senior leaving the Den: I wish I had a dollar for every minute I've wasted down here.

Collegiate Press Service: Representatives from Ivy League student governments met recently at Brown University to discuss problems in higher education and what they can do about them. Suggested but rejected at this convention was the idea of a permanent association of student governments. (Editor's note: Why couldn't the schools at Rolla, Warrensburg, Kirksville, Cape Girardeau, Springfield and Maryville hold such conferences, if not form such a union?)

John Ciardi, the poet and critic who visited the MSC campus last spring, in the Saturday Review: All the boys and at least some of the girls seem to be thinking in terms of making a living, and I want . . . to remind them that it is better to find the work that will make a life rather than a living, and then to work at it with an absorption that is both de-

voted and joyous."

The Associated Press: Mrs. John Kennedy "is marking time, wishing off the months and the years, her secretary says, until the time when Americans will honor her husband on the promising day that life began for the late President, rather than the day which it ended."

A thoughtful bearcat: MSC needs parking facilities for the handicapped. Could there be "handicapped" stickers for cars? Could there be two or three spaces marked for the handicapped in each parking lot?

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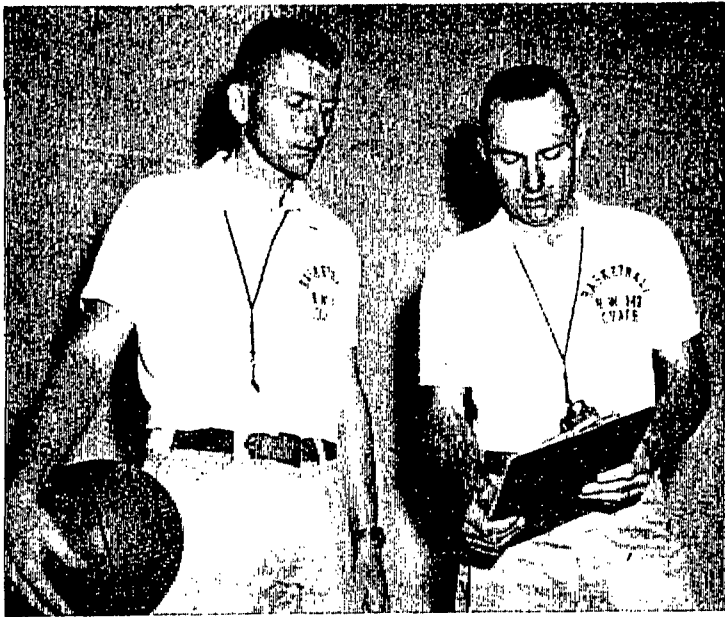
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## . . . Campus Calendar . . .

- Jan. 3 . . . Christmas recess ends 8 a. m. . . . Audubon Society all-day field trip.
- Jan. 4 . . . Basketball game with Peru, Neb., 7:30 p. m., Lamkin Gymnasium.
- Jan. 5 . . . General recital, 8:15 p. m., Charles Johnson Theater.
- Jan. 6 . . . Play Ibsen's "Ghost," 8:15 p. m., Reader's Theater . . . Wrestling meet with Kansas U., 7:30 p. m. at Lawrence . . . Basketball game with St. Benedict's, 7:30 p. m., Lamkin Gymnasium.

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TEAMWORK at the coaching slot is bringing desired results in the Bearcat basketball attack. Coaches Bob Iglehart, assistant, and Dick Buckridge, varsity, are shown at a planning session.

## Coaches' Career Records Set Challenge for Bearcats

By Bill Farrand

As the Bearcats start another season, basketball mentors Dick Buckridge and Bob Iglehart start another year in their respective bright basketball careers.

Coach Buckridge began his basketball at Maryville High, where he achieved all-state honors his senior year. He was all-MIAA two seasons at MSC and won the annual conference sportsmanship award his senior year.

Graduating in 1953, he did a two-year stint in the Marines before returning to Maryville High as head basketball coach. In 1956-57 he was head coach in all sports, and served at William Chrisman High in Independence in 1958-63.

Compiling a 142-46 record and coaching five conference champions in high school coaching, he came back to MSC as head coach in 1963. His main job here has been to rebuild the Bearcats into a conference contender.

Sizing up this year's squad, Coach Buckridge pointed out injuries to key players like Al Van Dyke and others as the team's major obstacle to success.

"We have good freshmen this year," commented Coach Buckridge, "but they can't be expected to carry the brunt. We have a chance to heal, however, before getting into the meat of the conference schedule after the first of the year." The newest addition to the basketball coaching staff, Bob Iglehart, started his basketball career at Brunswick High, where he never played with a losing squad. In his senior year, the team, 31-4, played in the state tourney, and he attained all-state status.

Playing his college ball at Central Methodist College in Fayette, he lettered four years and scored over 1,800 points. His senior year, he carried a 27.4 point average, was all-MCAU for the fourth time, and was chosen for the NAIA all-American team.

Coming to MSC after being assistant basketball coach at CMSC, Warrensburg, last year and head coach at Fayette High School for four years before that, Coach Iglehart is assistant varsity coach for the Bearcats and coaches the junior varsity.

Coach Iglehart pointed out that the junior varsity's only losses have come on the road against tough teams. With six games left on the schedule, he believes the team will pull out a successful season.

### MSC Hosts Workshop On Dental Health

Dental health improvement for Northwest Missouri children was discussed by educators here last Thursday during the Northwest Missouri Council on Dental Health convocation.

Approximately 90 school administrators and instructors attended the workshop to hear discussions on the problems of obtaining and the necessity for improved dental health. Topics ranged from nutrition to a teacher's viewpoint on dental health.

The planning committee, of which MSC President Robert P. Foster was a member, was composed of various educators and administrators from the area.

## Peterson Leads Greeks to Victory

The fraternities, anchored by Ken Peterson of Sigma Tau Gamma, defeated the independents Monday in the all-school intramural wrestling championship, 6-5, in Lamkin Gymnasium.

Peterson repeated as heavyweight champion for the second straight year. Gary Grimes, a MSC varsity wrestler, officiated all the matches. Results of the other matches:

- 115 lb.—T. Dawson (IND) over M. Guely (TKE), 1-0 (forfeit).
- 123 lb.—D. Hopkey (TKE) decided C. Warden (IND), 3-1.
- 130 lb.—R. Willwerth (TKE) over J. Wilson (IND), (forfeit).
- 137 lb.—S. Moore (STC) decided Dennis Schnaithorst (Good Guys) 5-1.
- 145 lb.—D. Messerly (TKE) decided B. Alexander (IND), 7-1.
- 152 lb.—J. West (IND) over K. Messerli (PSE), 1-0 (forfeit).
- 160 lb.—M. Box (IND) decided T. Reynolds (STG), 4-0.
- 167 lb.—D. Baker (IND) decided L. Timmerman (PSE), 3-0 (overtime).
- 177 lb.—B. Milinsky (IND) pinned D. Dawson (PSE), 27 sec. 1st period.
- 191 lb.—B. McLaughlin (PSE) decided J. Camp (IND), 2-1.
- Heavyweight — K. Peterson (STG) decided J. Mohr (Good Guys), 3-1.

## Pupils Construct Houses of Candy

Sugar and spice and everything nice took the place of paper and paint last week in the fourth level art class at Horace Mann Laboratory School as pupils created candy houses.

Foundations for the structures were fashioned from milk cartons and cardboard. Furnishing their own candy, the children created individual houses with candy windows, doors, lamp posts, porches, and sidewalks. The children sampled as they worked and agreed that the houses would be a temptation for any Hansel and Gretel.

Donald Robertson, art instructor, helped direct the project. Student teachers who assisted were Miss Pam Cooper, Mrs. Betty Wilson, Mrs. Jean Oehlerle, and Richard Beem. The fourth level teacher steering the project was Mrs. Erwin Knittel.

(Picture on page 4)

## Mike Armintrout Heads Men's Service Fraternity

Mike Armintrout is the new president of Alpha Phi Omega service fraternity.

Other officers elected include Elbert Black, first vice president; Ken Keith, second vice president; Don Kinker, recording secretary; Steve Crouse, corresponding secretary; Gary Dagley, treasurer; Larry Peterson, historian and Chuck Posson, sergeant-at-arms.

## Bearcats to Seek Revenge Against Host William Jewell

The Northwest Missouri Cagers will be trying to even the score against the William Jewell Cardinals tomorrow night at Liberty.

Last Friday night the Bearcats won their first MIAA conference game of the season as they downed Kirksville, 63-58.

In the last Cat-Cardinal battle, the William Jewell squad came back in the final period, after trailing Maryville for most of the game and defeated the Bearcats. The Cardinals went into an effective stall with three minutes remaining, and a desperation shot by Jim Vollmuth failed.

The William Jewell team is not tall, with 6-5 center Bud Fisher providing most of the height. Little Larry Holley, who has been Jewell's top scorer, has received help from All-American Homer Drew.

Maryville slipped past Kirksville State last Friday to set the Bearcats' MIAA record at 1-0. Kirksville led most of the way until Dave Remund tied the game for the first time, 38-38, with 15 minutes remaining. Mike Simon put in two free throws with about five seconds left to play to give the Bearcats their second victory in five starts.

Maryville hit 20 of 58 field goal attempts for a 37.7 per cent and outrebounded the Bulldogs, 35-26.

Simon led the Bearcat scoring with 12 points. Dave Remund and Ron Howitt scored 11 and 10, respectively.

Tuesday night the Bearcats romped over Washburn, 81-62 in Lamkin Gym. The 'Cats

evened their overall season's record at 3-3 as they held a 35-22 margin at halftime and went on to victory as Coach Dick Buckridge emptied the bench in the final period. The Ichabods tried to narrow the margin, but the shooting of Jim Vollmuth and the defensive efforts of Remund, Howitt, and Peirce held the Washburn squad.

Vollmuth took scoring honors with 18 points. Howitt and Remund added 13 each, and Mike Simon tallied 11.

## 'Cats Spurt Early To Drown Park

Taking five firsts and setting three records, the Bearcat swimming team swam by Park College last Saturday for their first victory of the season, 53-42.

The medley relay team of Mark Thomas, John Ridgeway, Steve Conner, and Paul Field set a new varsity record in pulling out a tight race in 4:07.3.

Jerry Pierce took the 60-yard freestyle, Randy Hanson won the 160-yard individual medley, and Frank Fisher swam off with the 100-yard freestyle to give the tankers an early lead.

Phil Cox won the diving to make the score 44-17 with four events to go. Park staged a comeback by winning those last events, but two seconds and two thirds were enough for the Bearcats to ice the victory, 53-42.

Two records were set for the 'Cats in second place efforts. Fisher took second in the 200-yard freestyle with a record time of 2:03. Dan Hertzog set a school record in the 500-yard freestyle with a second place time of 6:06. Thompson of Park won both events, setting pool records both times.

The Tankers will face the CMSC Mules Jan. 8 in Warrensburg. The Mules, 15-0 last season and Interstate champions, size up as the team to beat and the toughest team on the Bearcats' schedule.

## Sports Car Group Plans Coming Rally

Membership and the coming rally were the topics of discussion at a recent meeting of the Nodaway Valley Sports Car Club.

This newly organized club has 10 members and meets on the first and third Mondays of each month at 7:30 p. m. in the Union.

Anyone, including girls, who is interested is invited to attend the next meeting on Jan. 3, according to John Schleselman, club secretary.

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